Guiding the Selection of Research Methodology in Industry–Academia Collaboration in Software Engineering

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Abstract

Background: The literature concerning research methodologies and methods has increased in software engineering in the last decade. However, there is limited guidance on selecting an appropriate research methodology for a given research study or project.

Objective: Based on a selection of research methodologies suitable for software engineering research in collaboration between industry and academia, we present, discuss and compare the methodologies aiming to provide guidance on which research methodology to choose in a given situation to ensure successful industry–academia collaboration in research.

Method: Three research methodologies were chosen for two main reasons. Design Science and Action Research were selected for their usage in software engineering. We also chose a model emanating from software engineering, i.e., the Technology Transfer Model. An overview of each methodology is provided. It is followed by a discussion and an illustration concerning their use in industry–academia collaborative research. The three methodologies are then compared using a set of criteria as a basis for our guidance.

Results: The discussion and comparison of the three research methodologies revealed general similarities and distinct differences. All three research methodologies are easily mapped to the general research process describe– solve–practice, while the main driver behind the formulation of the research

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methodologies is different. Thus, we guide in selecting a research methodology given the primary research objective for a given research study or project in collaboration between industry and academia.

Conclusions: We observe that the three research methodologies have different main objectives and differ in some characteristics, although still having a lot in common. We conclude that it is vital to make an informed decision concerning which research methodology to use. The presentation and comparison aim to guide selecting an appropriate research methodology when conducting research in collaboration between industry and academia.

Keywords:

Research methodology, Selecting research methodology, Design Science, Action Research, Technology Transfer Model, Industry–Academia Collaboration

1 1. Introduction

The awareness of the need to use appropriate research methodologies and methods has increased in software engineering during the last decades. As a socio-technical engineering discipline, it is no surprise that software engineering, particularly in industry-academia collaborative research with empirical evaluations of research solutions, needs to adopt, adapt and be influenced by research methodologies from other disciplines. The influence comes particularly from information systems, engineering disciplines and social, behavioral and management sciences.

Research methodology refers to the research approach, particularly the 10 various types of activities to systematically address the research challenge, 11 which is based on assumptions and justification of the choices made. Re-12 search methodologies are framed within a research paradigm, which is an 13 overarching concept relating to "the set of common beliefs and agreements 14 shared between scientists about how problems should be understood and ad-15 dressed", according to Kuhn [1]. A vital aspect of a research paradigm is 16 the research methodology, i.e., our approach to acquiring new knowledge. It 17 should be contrasted with *research methods*, which are the means to collect 18 and analyze data, i.e., how the research activities are concretely conducted. 19 Thus, different research methods may be used within a research methodology. 20 The borderlines between these three concepts are not always clear cut, and 21

it may differ between disciplines and between researchers depending on their
view of the world. Our *scope* is on research methodologies suitable for software engineering research in collaboration between industry and academia,
particularly when conducting empirical evaluations of solutions developed to
address an industrial challenge.

Given our scope, we are targeting methodologies where the intention is 27 to study and improve software engineering practice. We have chosen to fo-28 cus on three candidate research methodologies, which fulfill the needs of this 29 type of software engineering research. Two of them are brought to software 30 engineering via information systems, i.e., Design Science [2, 3] and Action 31 Research [4, 5], and the third is developed in the software engineering com-32 munity, the Technology Transfer Model [6, 7]. A fourth one is presented in 33 Appendix A, i.e., the Design Research Methodology, which emanates from 34 mechanical engineering, to complement the other three research methodolo-35 gies. 36

The methodologies include different activities, but they are all possible to map to a general engineering research cycle, which we have chosen to summarize in the following three activities: *describe-solve-practice*. The wording is inspired by a discussion by Shaw [8] and further elaborated in Section 2. The three research methodologies are summarized based on their respective background, in particular, based on their use in software engineering.

The article provides novel contributions by presenting, discussing, com-43 paring, and providing guidance concerning selecting a *suitable* research method-44 ology when industry and academia collaborate to derive research solutions 45 that can both be used in industry practice, and being research of high-quality. 46 Thus, the overarching goal is to support successful research in industry-47 academia collaboration. It should be emphasized that our scope is con-48 cerned with research-when-transfer, and not research-then-transfer. The 49 presentations provide overviews of each research methodology. Furthermore, 50 the research methodologies are discussed from the perspective of conducting 51 solution-oriented software engineering research in collaboration between in-52 dustry and academia. Details concerning the research methodologies are pro-53 vided, and they are put into a software engineering context, and references 54 to their use in software engineering are provided. Moreover, one example 55 from the literature is summarized to provide more information on how each 56 research methodology may be applied. The three research methodologies are 57 then compared with respect to their main characteristics. Finally, guidance 58 is provided concerning which research methodology to select in a given re-59

search situation when conducting research in collaboration between industry
and academia. The selection of a research methodology should be firmly
based on the research to be undertaken and not based on current knowledge
or research tradition.

The remainder of the paper is structured as follows. In Section 2, related 64 work is presented. Our motivation for the research and selection of research 65 methodologies and our research approach is presented in Section 3. In the fol-66 lowing three sections, we provide an overview and discuss the three selected 67 research methodologies in the context of conducting software engineering re-68 search in collaboration between industry and academia. They are presented 69 as follows: Design Science in Section 4, Action Research in Section 5 and the 70 Technology Transfer Model in Section 6. A comparison of the three research 71 methodologies is provided in Section 7. The conclusions and further work 72 are presented in Section 8. 73

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75 2. Related work

Shaw denotes software as an engineering discipline, noting that "software 76 engineering shares with classical engineering the need for design techniques 77 to reconcile conflicting constraints and achieve cost-effective results, as well 78 as reliance not only on established scientific knowledge but also on systemati-79 cally codified observations drawn from experience." [9] In her seminal article 80 "Prospects for an Engineering Discipline of Software" [8], she proposed a 81 cyclic learning process of *new problems*, solved by *ad hoc solutions*; these 82 solutions are shared in a *folklore* style; gradually, knowledge is more system-83 atically *codified*, to become *models and theories*, which may more generally 84 *improve practice* with respect to the original problem. 85

Her cyclic learning process may be interpreted as two interconnected 86 learning cycles, as illustrated in Figure 1. The first learning cycle is pri-87 marily a learning cycle for engineering in practice: new problems—ad hoc 88 solutions—folklore experience from applying the solution in practice. The 80 second learning cycle is more geared towards software engineering research: 90 describe challenge (codify)—develop a general solution (e.g., models and 91 theories)—evaluate and improve practice. The second learning cycle requires 92 a research methodology with suitable activities to deliver research results useful in practice. 94



Figure 1: Shaw's learning cycle [8], augmented with practice and research learning cycles.

Building on the terminology of Shaw, software engineering research may 95 be viewed as a cyclic research process, which begins and ends in relevant 96 practice and theory. We have chosen to describe the three activities in the 97 cyclic research process as *describe-solve-practice*, where practice refers to 98 the evaluation and practical use of the solution. The cyclic research pro-90 cess for software engineering is illustrated in Figure 2. Wiering a proposed a 100 cyclic process with three activities along the lines suggested here when using 101 investigate-solve-validate [10]. In particular, we chose to use the verb "prac-102 tice" to highlight the collaboration between industry and academia, with the 103 objective to put the research solution into use in an industrial context. 104

Similar cycles exist for research in other disciplines. For example, Agnew and Pyke [11] suggest *observe-think-test* in behavioral and social science. For research in information systems, Venable [12] suggests adding a fourth activity in the middle called *theory building*, which is connected to the other three activities in Figure 2. This activity aims to capture the generalized learning from the problem-solving activities represented by the three activities.

Different aspects concerning industry–academia collaboration in software 111 engineering are summarized in two systematic literature reviews by Garousi 112 et al. [13] and Brings et al. [14], while Wohlin et al. [15] presented suc-113 cess factors for industry-academia collaboration. Mikkonen et al. [16] high-114 lighted the need for close and continuous collaboration between industry and 115 academia. Furthermore, they stressed the need for technology pull by indus-116 try instead of technology push by academia, resulting in industry-academia 117 co-creation. The collaborative challenge is not new. As early as 1997, Beck-118



Figure 2: The describe-solve-practice research cycle for software engineering research.

¹¹⁹ man et al. [17] stressed the need to close the gap between industry and academia, and Sandberg et al. [18] discussed what they refer to as agile collaborative research. The need for industry–academia collaboration is also part of the reasoning by Shaw [8], as discussed above, when she highlights "evaluate and improve practice". However, we have not identified any article explicitly addressing the challenge of selecting research methodology when conducting research in collaboration between industry and academia.

Stol and Fitzgerald [19] highlighted the natural setting (field studies) as 126 one of four types of software engineering research settings. Storey et al. [20] 127 use the same model when classifying articles. They argue that we need 128 to "improve the relevance of our research for human stakeholders". Their 129 argument builds on an analysis of 151 articles published in the International 130 Conference on Software Engineering and the Journal of Empirical Software 131 Engineering. Out of the 151 articles, only ten articles are classified into the 132 field studies category. Thus, more studies are needed in the natural setting, 133 which requires improving the collaboration between industry and academia. 134 We now turn to empirical evaluations in software engineering, which have 135 been around for more than 50 years [21]. In industry–academia collaboration, 136 empirical methods such as surveys, interviews and case studies are essential. 137 Chapters on these methods are provided in edited volumes such as Shull 138 et al. [22] and Felderer and Travassos [21]. Furthermore, books on empiri-139 cal methods have been presented, for example, the book on case studies in 140 software engineering [23]. 141

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Based on the need to choose research methods for evaluating and assessing

software engineering solutions, authors have provided guidance in selecting 143 appropriate research methods. For example, Easterbrook et al. presented 144 guidelines for choosing empirical methods [24], and Wohlin and Aurum [25] 145 provided a decision-making structure for selecting the research design in em-146 pirical software engineering. Stol and Fitzgerald [19] take it one step fur-147 ther by applying a framework from social sciences to discuss eight research 148 strategies in software engineering. Their objective is to trade "the level of 149 obtrusiveness of the research, and generalizability of research findings". 150

In recent years, the interest not only for research methods but also for research methodologies has increased, and books on design science [3] and action research [5] in a software engineering context have been published. However, the support for selecting an appropriate research methodology in a given situation is limited. The objective here is to provide guidance concerning selecting among the three research methodologies presented in Sections 4–6 and further compared in Section 7.

¹⁵⁸ 3. Approaching the research methodologies

159 3.1. Motivation for research and the selection of methodologies

Our analysis of related work shows 1) the lack of guidance for method-160 ology selection and 2) the need for more industry-academia collaboration 161 to improve the research relevance. Furthermore, the importance of context 162 is also argued by Briand et al. [26] when they put forward the need for 163 context-driven software engineering research. Basili et al. [27] continued the 164 discussion along the same lines by stressing the importance of context. Thus, 165 the collaboration between industry and academia is by many viewed as essen-166 tial. However, the collaboration between industry and academia in research 167 is by no means easy given the different timelines and objectives with the 168 collaboration as discussed by Runeson et al. [28]. 169

One challenge in the collaboration between industry and academia is iden-170 tifying a collaborative research approach that benefits both parties, and pro-171 vide credible evidence [29]. This implies that support is needed to select 172 an appropriate research methodology to increase the likelihood of success-173 ful collaboration. We have chosen three research methodologies, which by 174 no means is an exhaustive selection. However, it is three strong contenders 175 when it comes to selecting an appropriate research methodology when col-176 laborating between industry and academia. 177



Figure 3: Overview of steps in our research.

We have focused on solution-oriented research methodologies, i.e. when 178 we set out to provide useful research solution to industrial challenges. The 179 motivation for selecting the three methodologies is as follows. For two of 180 them, i.e., Design Science Methodology (DSM) and Action Research (AR), 181 we have seen books, articles and book chapters published in the context of 182 software engineering. Thus, these two methodologies were natural candidates 183 to include when discussing research methodologies in software engineering. 184 As a third research methodology, the Technology Transfer Model (TTM) 185 was included given that it emanates from a software engineering context, 186 and it has been used by several researchers in software engineering, as fur-187 ther discussed in Section 6.2. Due to the solution-oriented scope, we have 188 not included research methodologies focusing more on understanding and de-189 scribing software engineering practices such as Grounded Theory discussed 190 by, e.g. Stol et al. [30] and Ethnography presented by, e.g. Sharp et al. [31]. 191

192 3.2. Research approach

Our research approach is a theoretical analysis of multiple research method-193 ologies through thematic synthesis [32] in the context of our extensive expe-194 rience from industrial collaboration and empirical research in software engi-195 neering. The overall objective is to present, discuss and compare research 196 methodologies to provide guidance concerning the selection between them 197 for software engineering research when conducted as a collaboration between 198 industry and academia. The research work is iterated in several cycles. For 199 each cycle, tasks were divided among the authors and next reviewed by the 200 other author. The major steps in our research method are presented in Fig-201 ure 3 and explored below. 202

Based on the above objective, the following research questions were formulated:

- RQ1: What are the characteristics of the different research methodologies?
- RQ2: What are the main similarities and differences between the research methodologies?
- RQ3: How do we select a suitable research methodology in a specific situation?

To start addressing the research questions, we studied the literature on the three methodologies and summarized them primarily as *presented* in their fields of origin. The overviews in Sections 4.1, 5.1 and 6.1, include the origin of the methodologies and a description of their core characteristics. Depending on the heterogeneity of the respective methodology, they are presented at different levels of detail. During the information collection, we also gathered aspects to compare the methodologies.

DSM and AR are then *discussed* from an industry–academia collaboration 218 perspective in software engineering. We do not provide such a discussion 219 for TTM, which emerged in a software engineering context. The outcome 220 concerning DSM and AR, presented in Sections 4.2 and 5.2 respectively, 221 varies depending on to what extent each methodology has been applied in 222 software engineering. For methodologies existing in multiple variants, we 223 selected one as a reference that was synthesized from various sources [2] or 224 established as the practice [33]. 225

Furthermore, TTM is not primarily put forward as a research methodology, although it has been used as such. Thus, we have chosen to reformulate the technology transfer model to gear it more towards being a research methodology than originally presented [6]. It is here called the Technology Transfer Research Methodology (TTRM), as shown in Figure 3.

For each research methodology, some references illustrating its use in practice are provided. One of the identified examples is described in some further details to illustrate each methodology, provided in Sections 4.3, 5.3 and 6.2. The selection of illustrations was based on the following criteria:

• Use different research methods within the use of the research methodology,

- Other researchers have conducted the study reported than the authors 237 of this article, 238
- 239
- If possible, illustrate the comparison aspects, which are listed in the next section. 240

Based on our analysis of each methodology, we then *compared* them based 241 on several aspects. The comparison is presented in Section 7, which also 242 provides *quidance* for the selection of a research methodology in software 243 engineering. 244

3.3. Aspects of comparison 245

In the comparison, we start with comparing the primary objectives of the 246 research methodologies. Next, the following aspects are compared: 247

- Origin This refers to the background of the respective research method-248 ology, i.e. from which research domain the methodology originates. 249
- Outcome Different research methodologies may have different main 250 and secondary outcomes. 251
- Roles Research methodologies may include different roles, particularly 252 which roles practitioners and researchers take. 253
- Driver of literature search Related work is an essential part of re-254 search in general, but different research methodologies may approach 255 it differently, and in particular, the motivation may differ. 256
- Learning The methodologies may have different objectives with re-257 spect to generalized and case specific learning, and hence different pri-258 mary expected lessons learned. 259

4. Design Science Methodologies 260

4.1. Overview 261

Design science may denote a *paradigm* or *methodology*. We do not take 262 a stand in this sometimes infected debate on whether it is a paradigm or 263 methodology [34, 35] but discuss the views as being possible to coexist. As 264 mentioned in Section 1, paradigm refers to "the set of common beliefs and 265

agreements shared between scientist about how problems should be under-266 stood and addressed", according to Kuhn [1]. As a paradigm, design science 267 embraces research on designed phenomena in contrast to research explaining 268 naturally occurring phenomena, or formalizing philosophical or logical sys-269 tems. For example, information systems research is often conducted under 270 the design science paradigm [36], and so is management science [37], while 271 physics typically is explanatory, and mathematics is a dominantly formal 272 branch of science. Design science as a paradigm for software engineering is 273 explored by Runeson et al. [38] and Engström et al. [39]. 274

As defined in Section 1, we refer to a research methodology as the ap-275 proach to research, particularly the various types of activities to system-276 atically address the research challenge, which is based on assumptions and 277 justification of the choices made. DSM, as a research methodology, provides 278 prescriptive guidance and frameworks. DSM is at a more concrete level than 270 the Design Science Paradigm and depicts one of many potential methodolo-280 gies within the paradigm. However, a DSM is flexible enough to allow many 281 different research methods for data collection and analysis to be utilized 282 within the DSM frame. 283

Design science emerged from the desire to conduct research on artificial, or designed constructs, in contrast to naturally occurring phenomena [40]. Simon, a 1978 Nobel Prize laureate in Economics, defined engineering as the historical roots of design science. However, he embraces all kinds of design, for example, architecture, business, education, law, and medicine [40]. Consequently, the primary outcome of the research is the artifact emerging from the design, accompanied by knowledge about the design process.

Several instances of DSM are proposed and used in different fields of research, e.g. by Hevner et al. [36] and Peffers et al. [41] in the field of information systems, and Wieringa, bridging information systems and software engineering [3]. Offermann et al. [2] compare four existing "design science research processes" and propose a fifth one, which we discuss in Section 4.2. All of these instances encapsulate three generic activities:

²⁹⁷ 1. Problem identification or conceptualization

The problem under study has to be understood in its context. This is not only a description or enumeration of problems but an in-depth understanding of the constituents of the problem – its concepts. Taxonomies or model proposals may emerge from problem conceptualization, or existing theories are used as concepts in the problem identification.

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2. Solution or artifact design and implementation

The envisioned solution emerges from the problem identification, supported by existing knowledge of the field. Solutions may be instances of earlier known general solutions or developed specifically for the particular problem. Design knowledge is used and produced in the solution design process, often referred to as an artifact.

310 3. Evaluation or validation

This activity aims to assess to what degree the solution solves the problem. If the solution is instantiated in a new type of context, it also extends the scope of the solution's validity.

DSMs stress that the research is conducted in a context of practice and 314 generates contributions to practice. Multiple case studies are brought for-315 ward as the typical research method for design science research [37], both for 316 the problem conceptualization and the evaluation. Some scholars label the 317 outcomes *artifacts*, although there is no unified taxonomy for what an artifact 318 is. Offermann et al. reviewed design science literature and synthesized arti-319 fact types from 106 papers, identifying the following categories of artifacts: 320 system designs, methods, languages, algorithms, guidelines, requirements, 321 patterns, and metrics [42]. Van Aken defines "technological rules" as the 322 primary contributions from design science, which means "field-tested and 323 grounded" exemplars of how a problem can be solved [37], typically in the 324 form: To achieve <Effect> in <Context> apply <Intervention>. 325

Furthermore, DSMs stress the research to i) be built on existing knowl-326 edge or theory, and ii) create/generate/synthesize design knowledge, in more 327 or less generalized form, about the area of study. Venable focuses on the 328 practical utility in design science by defining: "Theory embodies statements 329 of knowledge...in a form that has both use in the practical world...and in the 330 theoretical world" [12]. This duality is presented as rigor versus relevance 331 cycles by Hevner [36] and is put forward as an "act of producing knowledge 332 by designing useful things" by Wieringa [10]. Wieringa further distinguishes 333 between knowledge problems and practical problems to address these dual 334 goals, which are also present in Shaw's practice and research learning cycles, 335 as illustrated in Figure 1 [8]. 336

³³⁷ 4.2. DSM for industry-academia collaboration in software engineering

As an example of DSM, we use the research process proposed by Offermann et al. [2] since it is synthesized from several other methodologies and



Figure 4: Research process for Design Science Methodology research, adapted from a proposal by Offermann et al. [2]. Ovals represent activities which are grouped into three main phases. Dashed lines indicate optional paths.

maps well to the general problem-solving model. They present a primarily linear process model, with some iterations, see Figure 4.

The model contains 11 activities, which are grouped into three main phases: problem identification, solution design, and evaluation. These phases map perfectly onto the general engineering research cycle in Figure 2.

The first phase concerns *problem identification* and contains activities to 345 identify a relevant research problem within the domain of study. The prob-346 lems shall be rooted in the literature and practice, implying some form of 347 industry-academia collaboration to ensure both. To support the problem 348 identification, a *first literature study* may be conducted of scientific publica-349 tions and practitioner reports. The search aims to find knowledge, both about 350 the problem and potential solutions to the problem. As proposed in software 351 engineering, the search for practitioner reports implies that gray literature 352

also is taken into account, as discussed by Garousi et al. [43]. However, they
do not claim any general requirement on the rigor of the literature review, in
contrast to software engineering research, where systematic literature reviews
and mapping studies gradually have evolved as a norm [44].

The phase may also encompass *expert interviews* to help understand the 357 identified problem and assess its relevance. Interviews could take place one by 358 one or in workshops. This practice is well established in software engineering 359 as focus groups [45]. Offermann et al. stress that the problem should be 360 of interest to more than one organization. If not, it should be generalized 361 to make it relevant for more actors [2]. It is worth noting that they do not 362 propose case studies to identify the research problem, in contrast to software 363 engineering guidelines, where exploratory case studies are proposed to be 364 conducted for "generating ideas and hypotheses for new research" [46]. 365

Next, a *pre-evaluation relevance* assessment is conducted. This includes 366 stating a research hypothesis "in the form of a utility theory" [2]. Venable [12] 367 defines that a utility theory should express a hypothesized connection be-368 tween the solution and the problem space, i.e. what is the problem and how 369 is the proposed solution expected to address that. Offermann et al. [2] pro-370 pose the hypothesis be expressed in a specific format: "if a solution to the 371 problem is applied, some observed aspects will be changed in a way which 372 ultimately helps the entities". It resembles the technological rule brought 373 forward by van Aken [37]. In software engineering research, it is more com-374 mon to express the utility theory in terms of research questions, for which 375 there also exist empirically derived guidelines in information systems [47]. 376

The second phase, *solution design*, is a creative engineering process. It 377 is not much prescribed, but for the guidance about taking existing solutions 378 and state-of-the-art into account. For this purpose, a second literature re-379 view may be conducted, now focusing on scientific literature searching for 380 solutions. During this phase, a need for better understanding or a revision 381 of the problem may be identified, thus iterating back to the problem iden-382 tification phase. Other design science methodologies stress that alternative 383 solutions should be considered. For example, Johannesson and Perjons [48] 384 propose *divergent thinking*, meaning generating multiple, alternative ideas or 385 solutions to address a problem, and *convergent thinking*, meaning evaluation 386 of and selection from alternative ideas generated. The primary outcome of 387 this phase is, however, the *artifact*. In software engineering research, typ-388 ical artifacts are tools, models or techniques, in which design knowledge is 389 embedded [39]. 390

The third phase, *evaluation*, starts by refining the research hypothesis. 391 The overall research hypothesis may be too general or comprehensive, to be 392 feasible for evaluation. Therefore, the hypothesis is refined to be more specific 393 or limited in scope. The primary evaluation method is *case study* or *action* 394 research, but may also embody expert surveys, or laboratory experiments. In 395 this context, action research is seen as a research method, not a methodology. 396 Also, here, the process may iterate back for deeper problem understanding 397 or improved solution design. 398

The evaluation is at the core of empirical research in software engineer-390 ing, where the authors of this article have contributed to method guide-400 lines for experiments [49], case studies [23] and systematic literature re-401 views [44, 50, 51], and Staron recently contributed with an action research 402 guidebook [5]. Which approach to use depends on the goal of the evaluation, 403 whether generalizability, precision in measurements, or realism is prioritized. 404 Stol and Fitzgerald provide guidance in this respect through the ABC frame-405 work [19]. They have further recently integrated the ABC framework with 406 the design science perspective [52]. 407

In the final step, the *results are summarized* and published in feasible formats. Intermediate results may also be published, and thereby early feedback on the results can be gained.

Engström et al. conducted an analysis of 38 distinguished papers at the 411 ICSE conferences 2014–2018 from a design science perspective [39]. They 412 conclude that most papers can be expressed from a design science perspective: 413 solution-oriented, aiming to provide design knowledge, although it is less 414 clear which practical problem they address. They observe that the solution 415 design process is often implicit, although defined in terms of the previous 416 and updated state of a technology or process under improvement. Only 13 417 out of the 38 papers reported a complete problem-solution pair. However, a 418 design science research project can be published partially in several papers. 419 Eight papers focused on describing the problem, seven on solution design and 420 seven on solution validation. Still, the outcome of the analysis is that this 421 part of the software engineering community would benefit from being better 422 anchored in practice, again stressing the need for closer industry-academia 423 collaboration. 424

In summary, the design science methodology, as formulated by Offermann et al. [2], aligns well with software engineering research and the general research cycle. Software engineering research may put even more emphasis on the empirical methods in problem identification, and the notion of an artifact ⁴²⁹ may differ from the information systems concepts.

430 4.3. Illustration of DSM

DSM is used to some extent in software engineering, although the design 431 science approach is often implicit, as mentioned above [39]. However, there 432 are studies explicitly following DSM, foremost referring to Hevner [36] or 433 Wieringa [10, 53, 3] for their methodology. Examples include design and eval-434 uation of an artifact-based requirements engineering model [54], specification 435 of confidentiality requirements [55], design and evaluation of a lightweight 436 analysis method to find root causes for defects [56], and a method to im-437 prove the alignment between test and requirements, by reducing communi-438 cation gaps [57]. Furthermore, DSM is used in research where the design of 439 the software itself is the resulting artifact [58] and to the creation of software 440 engineering research tools to mine GitHub data [59]. 441

To illustrate DSM, we selected the work by Bjarnason et al. [57], where they designed and evaluated an artifact, namely Gap Finder, which is a maturity and improvement model. Expressed as a technological rule (see Section 4.1 and [37]) they recommend using "Gap Finder for assessing and identifying suitable improvements to the alignment of requirements and testing within a software development project" [57].

Its theoretical underpinning comes from Bjarnason et al.'s theory of distances in software engineering [60], which in turn was based on literature reviews and empirical observations of practice in five companies. The theory of distances explains how certain software engineering practices improve the communication within a project by impacting distances between people, activities and artifacts.

They proceeded the work using DSM to design a practical method for ap-454 plying the theory in practice. Figure 4 is used below as a frame of reference 455 in the illustration. A case organization was studied to describe the problem 456 of communication gaps between requirements and testing and to validate its 457 practical relevance (1. Problem identification). Semi-structured interviews, 458 document studies, and ethnographic observations were used to identify prob-459 lems. Thus, they used more thorough empirical methods for the problem 460 identification, compared to the DSM process by Offermann et al. [2]. 461

Gap Finder was then iteratively designed to guide the systematic assessment of organizations, which is a key characteristic of DSM. The research team designed (2.1 Design artifact) the initial version based on the underpinning theory (2.2 Literature review 2) and the knowledge gained from the studied case in the first round of interviews, document studies, and observations. As a first evaluation, the scope was reduced (3.1 Refine hypothesis)
and it was applied to one sprint for one development team to help the researchers assess its feasibility and evolve the Gap Finder (3.2 Case study).
They gained new insights from the case, improving the design for the specific
needs (2.1 Design artifact, 2nd iteration) while maintaining its generality.

The resulting method contains an assessment process with workshop and measurement guidelines, outcome presented in radar diagrams, and recommendations for improved practice.

The method was then evaluated in the case context by applying the assessment process of the Gap Finder (3.2 Case study, 2nd iteration). In addition to the data collected in the method, a focus group session and a survey were organized to collect specific validation feedback (3.3 Expert survey). The validation concerned the evaluation method as such, as well as the proposed practices to reduce gaps between requirements and testing.

In summary, this DSM study revolves around the derivation of knowledge about reducing requirements-test communication gaps, embedded in an artifact, the Gap Finder method. Both problems and solutions were derived from existing empirically based knowledge, while the change process is left to the organization to continue with support from the Gap Finder method.

486 5. Action Research

487 5.1. Overview

Action Research (AR) has its roots in social science and was developed to change a social system while doing research. It emerged as a reaction to research only creating knowledge without setting it into action, thus focusing on the researchers being involved in a change process. Lewin coined the term in the 1940s [61], and it became gradually more defined and prescriptive, particularly by Susman and Evered [62], introducing a cyclical process of five phases:

- Diagnosing identifying or defining a practical problem to be addressed in collaboration between researchers and practitioners. The researcher should confirm the problems identified by the practitioners and also determine the root causes of the problems.
- Action planning considering alternative approaches to solve the prob lem. The diagnosing phase informs the action planning towards poten tial solutions to the problem under study.

3. Action taking – setting the planned actions into practice. The change process may need support from actors in various roles of the organization, for example, a project champion who helps initiate changes.

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4. Evaluating – studying the consequences of an action. Data collection should be performed before, during and after the action taken to ensure that enough information is gathered to assess the goals of the actions and the mechanisms leading to the change.

5. Specifying/learning – identifying general findings in relation to the 510 problem and actions under study. The primary focus is set with re-511 gards to the current project, and decisions related to the exit of the 512 researcher or initiation of a new cycle is taken.

This cyclical process is widely adopted in the social sciences and consti-513 tutes one of the five principles for Canonical Action Research (CAR) [33]. 514 The other four principles are about researcher-client agreement, theory, change 515 through action, and learning through reflection. Specifically, the principle of 516 theory focuses on using theory to guide research rather than generating or 517 validating theory as an action research goal. However, AR comes in many 518 forms. In 1948, AR pioneers Chein et al. [63] identified four varieties of AR, 519 depending on the degree and type of interaction between researchers and the 520 community under study. Baskerville and Wood-Harper provide an overview 521 of the evolution of AR in social science and information systems, identifying 522 ten distinguishable forms of AR in the information systems literature [4]. 523

Action Research was first introduced into information systems as a research methodology by Wood-Harper in 1985 [64] and then into software engineering around the turn of the millennium, according to a literature review by Santos and Travassos [65]. Guidelines for action research in software engineering are published by Santos and Travassos [65], Wieringa [66], and Staron [5].

AR methodologies, in general, have been criticized for lacking rigor while generally producing relevant results [33]. Davison does not refute the criticism but argues against rigor and relevance in AR having an inverse relationship. "[T]hese two attributes need not be mutually exclusive, although they can be hard to achieve in a single CAR project." [33]

The relation between action research and design science is another point of debate in the information systems community. While Järvinen argues that "Action research is similar to design science" [67], Iilari and Venable claim AR and DS are "Seemingly similar but decisively dissimilar" [35]. Baskerville

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states that "Design science is not action research" [34]. We do not want to enroll in these methodological wars but conclude that the differences depend on whether they compare AR with DSM or design science as a paradigm. In this paper, we choose, like Wohlin and Aurum [25], to treat both action research and design science as methodologies to get comparable entities in our analysis.

545 5.2. AR for industry-academia collaboration in software engineering

Our discussion concerning AR takes its starting point from CAR (i.e. Canonical Action Research), as defined by Susman and Evered [62] and later refined by Davison [33], see Section 5.1. We further analyze Staron's proposed instantiation of AR for software engineering [5]. The five phases of CAR map to the three activities in the general research cycle illustrated in Figure 2:

• describe – diagnosing the problem

- solve action planning and action-taking
- practice evaluating and specifying/learning

CAR stresses the cyclic procedure and that there may be more fine-554 grained iterations, e.g. if the proposed actions have to be revisited. Fur-555 thermore, Davison refers to early proposals of a spiral model of multiple 556 cycles from Kemmis and McTaggart [68], where each cycle focuses closer on 557 the organizational problem under study. A similar approach was used in soft-558 ware engineering by Andersson and Runeson [69], inspired by Boehm's spiral 550 process model for software engineering [70], see Figure 5. Their research en-560 deavor on software quality monitoring included seven cycles, starting with a 561 modeling activity, followed by two exploratory cycles, which were confirmed 562 in the fourth cycle. The three last cycles were explanatory and aimed to 563 develop quality prediction models. All cycles were performed in industry-564 academia collaboration, although tasks were divided between the groups. 565 Goals and scope for each iteration were set jointly, researchers collected and 566 analyzed data, while the practitioners were responsible for the change action 567 and working procedures in the organization. 568

The social context, and the change of the conditions of the social context, is in focus for AR. Baskerville defines as a key assumption for AR that the "social setting cannot be reduced for study" [71], implying that the phenomenon under study loses key characteristics if taken out of its context.



Figure 5: Spiral research model adapted from Andersson and Runeson [69] to the CAR terminology.

This fits well with particular aspects of software engineering research, where 573 complex interactions in a socio-technical system are at the core of its research 574 challenges. For example, Runeson et al. define a software engineering case 575 study to be "... an empirical enquiry ... in its real-life context, especially 576 when the boundary between phenomenon and context cannot be clearly spec-577 ified." [23, p. 12] Furthermore, Wohlin et al. put forward a general theory 578 for software engineering based on balancing human, social and organizational 579 capitals [72]. 580

Santos and Travassos surveyed the software engineering literature 1993– 2010 and found an increasing trend of the use of AR, although at a low level. In total, 22 studies were found in nine high-quality software engineering journals and four conferences [65]. We have not found any later systematic literature review on AR in software engineering. However, database searches indicate more AR studies published in software engineering after 2010, although still at a low pace.

There are several proposals for the adaptation of AR to software engineering. Santos and Travassos [65] elaborated on the interplay between the change action and the theoretical learning, arguing that "the Action Research methodology with its dual objective of improving organizational problems and generating scientific knowledge leads to a 'win–win' scenario for both professionals (organization) and researchers."

⁵⁹⁴ Wieringa defined the notion of Technical Action Research (TAR), using ⁵⁹⁵ DSM guidelines to design an artifact and AR practices to scale it up to



Figure 6: Overview of Staron's AR model for software engineering research [5]

practice and validate it [66]. Petersen et al. proposed AR as an industry– academia collaboration model [73]. Garousi et al. recently proposed AR as a feasible approach to improve the relevance of software engineering research, based on their analysis of peer–reviewed and gray literature on academic and practical relevance [74]. Thus, there are several applications of AR to software engineering, indicating its feasibility for software engineering.

Staron, who has published several papers on AR research in software en-602 gineering, recently published comprehensive practical guidelines for AR in 603 software engineering, including the process of industry-academia collabora-604 tion at large [5]. Staron's guidelines extend CAR by contextualizing the 605 five phases for software engineering companies and research projects through 606 experience-based recommendations. An overview of the AR model is pre-607 sented in Figure 6. Furthermore, he defines three key team roles in the 608 research collaboration, namely: 609

- The action team is responsible for planning, executing and evaluating the research.
- The reference group is responsible for the advice and feedback to the action team.
- The management team is responsible for managing and governing the

project and its institutionalization of changes.

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The action team comprises both researchers and practitioners, while the ref-616 erence group and management teams consist of company representatives only. 617 Action research methodology has several characteristics that fit soft-618 ware engineering research, particularly for collaboration-intensive industry-619 academia projects, focusing on the change of industrial practices. The cyclic 620 approach, the problem-oriented focus, and the empirical evaluations in real-621 life contexts resonate well with successful collaboration projects, exemplified 622 by Carver and Prikladnicki [75]. They also stress the importance of feasible 623 roles in the collaboration, which also is a key asset of CAR [33]. 624

Wohlin et al. confirmed the importance of roles in a survey with re-625 searchers and practitioners [15]. Both groups ranked the role of a cham-626 pion on-site as the top 1 or top 2 factor for a successful industry-academia 627 collaboration. Still, there are different views on the balance between the 628 researcher and the practitioner in AR. Davison states that "[r]esearchers 629 typically guide the overall process, but their scope of responsibility on con-630 tent issues is a common topic of negotiation." [33] Staron [5, p.22] stresses 631 that the action team comprises both researchers and practitioners without 632 detailing who is doing what within the team. They complement each other 633 based on their different knowledge and perspectives. Decision making con-634 cerning change proposals involves an interplay with the management team. 635 Andersson and Runeson [69] make the separation between researchers and 636 practitioners clearer by assigning responsibility for action taking to the com-637 pany, while the researchers are responsible for the diagnosis, see Figure 5. 638

Software engineering is a socio-technical field, and as AR emerges from 639 the social sciences, it strengthens the social side of the research and opens up 640 towards qualitative research methods [76]. Software engineering challenges 641 is often an interplay between technical and organizational or human aspects. 642 Notably, Staron defines AR as a "quantitative methodology", arguing that 643 quantification "provide[s] the possibility to reduce the bias of subjective ob-644 servations and provide quantitative evidence" [5, p.19]. In contrast, the 645 software engineering community gradually has evolved towards taking on so-646 cial sciences' qualitative methodologies (e.g. Seaman [76] and Runeson et 647 al. [23]) and learned to address the validity of such studies too. 648

Action research has been criticized for being more action than research [33]. On the contrary, software engineering research has been criticized for being more research than action. Particularly, Briand et al. [26] argue for problem–

driven research in collaboration with practitioners conducted in specific con-652 texts. This is indeed a trade-off that has to be handled properly. Conducting 653 research in complex contexts add to the relevance of the research. On the 654 other hand, there is a risk that the research becomes "advocacy research" in 655 the sense that researchers advocate for their proposed solutions and look only 656 for signs of confirmation of their hypothesis. However, this can be handled 657 by adhering to proper research and validation procedures for both qualitative 658 and quantitative research. 659

As the primary goal of AR is to support change in a specific context, 660 generalization is given less priority. However, Davison et al. strongly argue 661 for the role of theory in CAR to guide the research and as an output that helps 662 to communicate generalized knowledge [33, p.74]. In software engineering, 663 the use of theory is not very prevalent [77, 78]. Staron, therefore, extends 664 the notion of theory: "The theory, in this context, is the description of 665 the phenomena that need to be studied, theoretical relationships between 666 elements of that phenomenon, and the rationale behind them." [5, p.38] This 667 is what may be called a hypothesis or a model in other contexts, but still, 668 the AR model embraces the scientific knowledge-building process. 669

In summary, AR is a feasible research methodology for software engineering research in industry-academia collaboration, focusing on the change of practice. It has limitations with risks for focusing too much on action, but it is a sound counteract against too much research in the lab for the software engineering community. Theorizing is embedded in the methodology but rather a means or a by-product than a primary goal.

676 5.3. Illustration of AR

Action research studies exist in software engineering, although they tend 677 to be more inspired by the AR principles rather than fully adhering to AR 678 methodological guidelines. However, such studies are in emergence, as men-679 tioned above, in relation to Staron's guidelines [5]. Staron and co-authors 680 recently published two AR studies, where two companies worked together 681 on improving tool support for selecting code fragments for review [79] and 682 identifying violations of coding guidelines [80], respectively. Choras et al. 683 also used software engineering tools as a vehicle to improve practice [81], and 684 Razavian and Lago developed a strategy for data migration [82], based on 685 Wieringa's TAR guidelines [66]. These TAR studies focus more on the design 686 and less on diagnosis than the original CAR principles [62]. This is, in fact, 687 the aim of TAR with its dual engineering and research cycles, focusing on 688

action and generalized design knowledge, respectively. To illustrate AR, as
such, we select Ananjeva et al.'s study, aiming to integrate user experience
(UX) work with agile software development, as our illustrative example [83],
referring to artifacts and activities in Figure 6.

The AR study is conducted jointly (Collaboration) between a small software-693 as-a-service company (Industry), an on-site observer (Master thesis stu-694 dent), and researchers with software engineering and UX competence (Academia) 695 over 12 months. The company observed challenges integrating their UX work 696 in their agile development process, performed by two separate teams (In-697 put I1). The problems were explored in depth through five months of on-site 698 observations, interleaved with 32 recorded interviews and ad hoc conversa-699 tions with team members (1. Diagnosing). The primary concern identified, 700 was in short, that the user stories were too lengthy to match with agile 701 principles. 702

The first proposed intervention (2. Action planning) was to write more 703 concise user stories and complement them with face-to-face communication. 704 This intervention proposal was discussed at length and criticized by one of 705 the managers – according to the researchers, wanting "verbose user stories 706 as a shield to protect herself and the stories from [...] criticism". Thus, as a 707 second intervention, a workshop was organized to help the two teams discuss 708 and resolve the latent conflict about the user stories. They came up with a 709 compromise, which they decided to implement (3. Action taking). 710

In a follow-up workshop two months later, the managers of the two teams confirmed that they were in the process of eliminating the verbose user storis, but they had not yet succeeded (4. Evaluation). The researchers also reflect on the lessons learned from the case, demonstrating the interplay between the organization, its culture, and the development processes (5. Learning).

In summary, the AR study focuses on the change in the organization (Output O1). It is an iterative and highly intertwined endeavor between researchers and practitioners. This example demonstrates how a technical change proposal triggers a social or organizational conflict, which has to be addressed in conjunction with the change. The study is well anchored in existing theory, while the outcome is rather lessons learned than generalized knowledge (Output O2).

724 6. Technology Transfer Model

725 *6.1. Overview*

Gorschek et al. [84] formulated a model for technology transfer with sev-726 eral activities for conducting industrially relevant research and then transfer 727 the research outcomes to practice. It includes working very closely between 728 practitioners and researchers throughout the process to create trust and com-729 mitment from the practitioners concerning the solutions developed as part of 730 the research. Hence, the model is developed with a strong focus on academia-731 industry collaboration, where the problem being researched emanates from an 732 industrial challenge. The solution developed through research goes through 733 several validation steps to ensure that it may be put into practice with low 734 risk. 735

The model highlights three different roles: *practitioner*, *champion* and *re*-736 searcher. Practitioner refers to stakeholders in the industry, potentially with 737 varying roles in the company. In comparison, the champion is a driver of the 738 research collaboration from the industry side. The champion is the primary 739 contact person and is supposed to help with the right contacts within the 740 company and to ensure a broader company commitment. Commitment is 741 needed from both adequate technical staff and appropriate management lev-742 els. In the different activities, it is essential to have comprehensive coverage 743 of roles and stakeholders to ensure a smooth transfer of the solution once it 744 put into practice. 745

The model is not formulated as a research methodology as such. However, the activities in the model describe the process of conducting research in close collaboration between industry and academia. The model is illustrated in Figure 7, and the activities may be summarized as follows:

- ⁷⁵⁰ 1. Industrial challenge
- The research should be based on industry needs identified in a dialogue between industrial partners and the researchers. The identification includes process assessment and observation activities. Having researchers present at collaborative partner sites is highlighted as essential to ensure good personal contacts and to build trust on an individual level.

⁷⁵⁷ 2. Problem statement and state-of-the-art

The industrial challenge from item 1 is formulated in terms of research and, in particular, research questions. Furthermore, the literature is studied to capture relevant research concerning the industrial challenge.



Figure 7: The technology transfer model adapted from Gorschek et al. [84].

3. Candidate solution

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In close dialogue with the industrial partner(s), and, in particular, the 762 champion(s), a solution is developed. The solution should be based on 763 relevant existing research, novel research ideas as part of the collabo-764 ration and the industrial context that the solution should fit into. 765

- 4. Academic validation
- To minimize risk before transferring a solution to the industry, it is preferably validated in an academic setting. This may be done, for example, through experimentation with human subjects [49] or simulation [85]. 770
- 5. Static validation 771

Once no further improvements are identified in the academic setting, 772 a static validation is conducted. The static validation is done through 773 seminars and discussions with the key stakeholders to anchor the pro-774 posed solution. Based on potential feedback from the static validation, 775 the solution is refined. Depending on the changes to the solution, there 776 may be a need for more than one round of static validation. 777

6. Dynamic validation 778

Dynamic validation means running a pilot in a suitable situation. The 779 pilot should be as representative as possible of the regular context in 780 which the solution is expected to be used. It should help ensure that the 781 solution fits well with the current practices and the potential roles and 782 responsibilities put forward by the solution. Based on the outcome, the 783 solution may be updated or fine-tuned, and it then has to be decided 784

- whether further pilots are needed, or the solution is ready for broader usage within the company.
- 787 7. Release solution
- It is essential that appropriate documentation, training and support are
 available when the solution is integrated into the normal work processes
 at the company.

In summary, the technology transfer model focuses on a close collaboration between industry and academia. Through successive validation, it builds trust and commitment to the proposed solution to the industrial challenge identified as suitable for the collaborative effort.

To bring TTM closer to a research methodology, we propose reformulating it as consisting of the following six activities:

- ⁷⁹⁷ 1. Identify the industrial challenge
- ⁷⁹⁸ 2. Assess practice and formulate a research objective
- ⁷⁹⁹ 3. Study state-of-the-art

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- 4. Develop one or more candidate solution(s)
- 5. Evaluate the solution(s)
 - (a) In an academic setting
 - (b) Static evaluation
 - (c) Pilot evaluation
- 6. Move the chosen solution into practice and evaluate

Thus, we have divided the second step in TTM into two activities and 806 collapsed the three validation activities into a single evaluation activity. The 807 main reason for the latter is that the three validation steps are viewed as too 808 detailed, and often all three of them are not practiced, as further discussed 809 in Section 6.2. Depending on the technology to be put into practice, the 810 evaluation step may also include training of practitioners. Henceforth, we 811 refer to these six activities as the Technology Transfer Research Methodology 812 (TTRM) to distinguish it from the original TTM. The six activities are easily 813 mapped to the research cycle *describe-solve-practice*. 814

Given that TTM/TTRM is formulated within software engineering for industry-academia collaboration, we turn directly to the illustration of its use.

818 6.2. Illustration of TTM/TTRM

TTM has been used as a research methodology in several areas of soft-819 ware engineering and by different researchers. The model emanates from 820 a collaboration between industry and academia in the area of requirements 821 engineering. The model captures how the research resulting in the Require-822 ments Abstraction Model [6] and its evaluation [86] was conducted. Since 823 then, it has been used in software testing for test case selection methods 824 as described by, e.g. Garousi et al. [87] concerning regression testing and 825 de Oliveira Neto et al. [88] in relation to continuous integration. Further-826 more, Torkar et al. [89] used TTM for studies on adopting open source in 827 the industry. Moreover, Borg et al. [90] have used it for impact analysis in 828 their industrial collaboration. As a final example in software engineering, we 829 would like to highlight the work by Briand et al. [91] in the area of model-830 driven engineering. The research by Briand et al. is described in further 831 detail below to illustrate their use of TTM in their research together with 832 industry. It is also worth noting that TTM has been used outside software 833 engineering, which is here exemplified with a study by Pochyly et al. [92] in 834 the area of robotic vision. 835

Briand et al. [91] presented three research projects in the area of model-836 driven engineering and their experiences from using an adapted version of 837 the TTM. They adapted TTM by introducing a particular training activity, 838 which we have chosen to integrate into the evaluation activity discussed in 839 Section 6.1. The transfer of novel research solutions was the main driver 840 in the collaboration between industry and academia, and hence training 841 becomes an essential aspect. Furthermore, they only used two validation 842 activities and highlighted that just one might be needed depending on the 843 situation. Thus, TTRM is well-aligned with the use of TTM by Briand et al. 844 References to the activities in TTM as illustrated in Figure 7 are provided be-845 low to ease the mapping between the example and the research methodology 846 description. 847

In their study, Briand et al. [91] used participation in regular project meetings, organizational observations, and meetings and interviews with domain experts to identify and formulate the industrial challenge in their three reported projects (1. Industrial challenge). They continued with studying state-of-the-art about the identified challenge (2. Problem statement and state-of-the-art).

In the next step, they developed candidate solutions, including an information model supporting traceability, a model-based approach for supporting software configuration and a model-based approach for assessment of new technologies (3. Candidate solution). The solutions were based on the identified challenges, the needs of their collaborative partners and available research, and innovative ideas from the participating researchers.

Briand et al. [91] chose to not conduct validation in academia (4. Aca-860 demic validation). They argue that they did not have a sufficiently good 861 benchmark to conduct a validation in academia. Thus, once candidate so-862 lutions were available, they were discussed with the practitioners (5. Static 863 validation), and the solutions were in all three projects evaluated using case 864 studies (6. Dynamic validation). Furthermore, they included training as part 865 of the industrial validation. The research-based innovations have begun to 866 be used, according to Briand et al. [91] (7. Release solution). 867

Briand et al. have introduced the adapted model as their way of producing research-based innovation together with their industrial partners

870 7. Comparison

871 7.1. The three research methodologies

The research methodologies discussed above have been formulated for 872 different main reasons, which we explore below. Thus, the research method-873 ologies are complementary but also competing. They are complementary 874 based on their primary objective when being formulated and competing in 875 the sense that they can all be adapted to produce the main outcome of each 876 other. The primary objective governs to a large extent what each methodol-877 ogy puts forward as its main outcome. This implies that it is not apparent 878 which research methodology to choose. 879

We recommend that researchers choose wisely and not only use the re-880 search methodology they are used to and know very well. The primary 881 objective of each methodology should be an essential aspect. However, ele-882 ments from other research methodologies may influence the implementation 883 of the chosen research methodology. For example, action research can be 884 used within the methodological frame of design science as a method, see Fig-885 ure 4. In summary, the main recommendation is to choose based on matching 886 the main goal of your research and your intended way of conducting the re-887 search with the primary objective of the research methodology. As a positive 888 side-effect, it may also mean that researchers become more explicit in their 880 primary objective with the research (or study) they conduct. 890

The primary objective of the three research methodologies may be summarized as follows:

• Design Science Methodologies

Design science is focused on the design knowledge acquired through the design of artifacts. It emerged as a complement to studying natural phenomena, based on a desire to study artificial or designed constructs. The artifacts primarily focus on tangible outputs and less on social change.

• Action Research

Action research is focused on social systems and emerged based on a need to put knowledge into action. In action research, the researchers are deeply involved in the change process, i.e. being a member of the team responsible for the change.

• Technology Transfer Research Methodology

The technology transfer research methodology is an adaptation of the TTM that emerged as a model for collaboration between industry and academia. There is a strong focus on successfully transferring research into practice.

From a software engineering perspective, the different research methodologies may be used in industry-academia collaboration as follows:

- If the primary objective is to derive knowledge through the development
 of tangible artifacts, then design science methodologies may be a good
 starting point.
- If the primary objective is to support change, such as changing the ways
 of working, and the researcher is a member of the team responsible for
 the change, action research may be a good starting point.
- If the primary objective is to transfer a research result to the industry
 but not being part of a team responsible for the change. In this case,
 the technology transfer research methodology may be a good starting
 point.

It should be noted that the items above are formulated based on having a primary objective in the research. However, it is essential to allow different

	DSM	AR	TTM/TTRM	
Origin	Multiple (via IS)	Social science (via IS)	Software engineering	
Main outcome	Design knowledge	Change	Knowledge transfer	
Roles	Knowledge vs change	Integrated action team	Knowledge vs change	
Driver of	Problem and solution	Diagnosing	State of the art study	
$literature \ search$	1 Toblem and solution	Diagnoshig	State-of-the-art study	
Learning	Problem and solution	Theory as secondary	Lessons learned	
	theory	output		

Table 1: Summary of the comparison between the three research methodologies.

research methodologies' strengths to influence the research, although having
one research methodology as the main starting point.

Our guidance in selecting a research methodology is based on a systematic comparison between the methodologies used for software engineering research in industry-academia collaboration. We summarize the comparison of the aspects listed in Section 3.3 in Table 1 and elaborate on the similarities and differences below.

The *origin* sets some fundamental principles of the methodologies, which influence the research. The socio-technical characteristics of software engineering imply that methodologies from both a social and technical background are relevant. Furthermore, different branches of software engineering research may focus more on one side or the other.

DSM has multiple roots in the sciences of "the artificial" [40] and has primarily emerged into software engineering via information systems [36, 10], although influences have also come via management science [37]. AR emerged from social science [61] and has also reached software engineering via information systems [71]. The social and information systems origin tend to make the methodologies lean towards the social side, although DSM counteracts that by focusing on artifacts.

TTRM, on the other hand, is designed for software engineering and takes the intangible characteristics of the products and services into account [74].

The *main outcomes* are what the methodology puts forward as the driving force in the research. However, what is the main outcome for one methodology may be secondary outcomes for another. Hence, this is not a clear distinction between what outcomes there may be. It is more a matter of which outcome is considered most important.

DSM focuses on design knowledge, i.e. how to design artifacts and products. The term artifact indicates that DSM is flexible in what type of knowledge may be the outcome, as artifacts may involve product and processrelated outcomes [42]. AR focuses on changes in the natural context, similar
to TTRM, which focuses on impacting software engineering practice through
knowledge transfer.

All methodologies address the collaboration between industry and academia, 955 as they aim to produce (DSM) or transfer knowledge about some practice 956 (TTRM) or make a change of practice (AR). The *roles* taken by researchers 957 and practitioners are, however, slightly different. AR emphasizes the unified 958 research team of both researchers and practitioners, although acknowledg-959 ing that there are management roles taken by practitioners only. The other 960 two methodologies make more separation in that a joint team, mostly led 961 by researchers, derive the knowledge. At the same time, the practitioners 962 have the ultimate responsibility for the change, based on the derived knowl-963 edge. Still, all methodologies aim for industry-academia collaboration and 964 co-production of knowledge, although it is emphasized to somewhat different 965 degrees. 966

The role of *literature* or underpinning theory as a starting point for the research endeavor differs between the methodologies. DSM, in the Offermann instance (see Figure 4), proposes two literature reviews, one for problem identification and one for solution design. In TTRM, one activity focuses on "study state-of-the-art", identifying potential solutions in the literature. In AR, the literature is more implicitly covered as a part of the diagnosing phase.

The *learning* gained from the research is tightly related to the main out-974 come in the study contexts. Still, being research methodologies, the learning 975 is also communicated in academic contexts. Venable [12] adds that theory 976 may be output from design science research. According to Staron [5], AR 977 presents theory as a potential outcome, which is in line with general AR [62], 978 although not the main outcome. In TTM/TTRM, which is directed towards 979 supporting engineering, lessons learned are documented, although it is not 980 prescribed to be expressed in terms of theory. 981

982 7.2. Implications of comparison

As a socio-technical inter-discipline [93], software engineering is constantly being influenced by multiple research fields. Consequently, increasing awareness and focus on research methodology also leads to influences from adjacent areas, like information systems and other engineering disciplines. In this article, we have analyzed research methodologies from these fields, aiming to derive guidance for what to use in industry-academia collaborative research
 on software engineering under different circumstances.

Selection of research methodology seems to be a sensitive question, as we 990 have found disputes over research methodology in adjacent fields of research, 991 sometimes conducted in emotional and authoritarian tones [35, 67, 34]. Fur-992 thermore, we have observed that many variants of research methodology 993 exist under the same label. When methodologies evolve in parallel in differ-994 ent fields of research, the evolution may take different paths. For example, 995 Offerman et al. [2] analyze five design science variants for information sys-996 tems and merge them into one. Moreover, regarding action research, one of 997 the multiple variants has been assigned the label 'canonical' [33] as a kind 998 of official mark in an – in this case successful – attempt to homogenize the 990 concepts in a field of research. 1000

Further adding to the confusion about terms and concepts, the labels used for research *methodologies* also appear as a denotation for *paradigms* or *methods*. As presented in Section 4, design science denotes both a paradigm [38, 35] and a methodology [2].

Why are these distinctions important? Aren't they just examples of these "academic battles" without relevance outside a narrow (minded) elite? Unfortunately, smart people have wasted their energy on academic battles, but we argue that the core of these issues is *research conduct* and *communication*. When planning a research endeavor, it is essential that the methodology supports the aims set out for the research. When reviewing a manuscript, it is important to assess it based on its primary claims of contributions.

In our analysis of the three research methodologies and their feasibility 1012 for software engineering research, we first observe their similarity. All three 1013 match the general research cycle *describe—solve—practice*, as discussed in 1014 Section 2 and illustrated in Figure 2. They also, in one way or another, em-1015 brace the knowledge or theory building activity [12] included in engineering 1016 research, in contrast to engineering practice, where the primary focus is to 1017 solve a problem rather than understanding why the solution works. Design, 1018 change, improvement, transfer, or action are also common elements of the 1019 three methodologies. However, what differs between them is what they put 1020 forward as primary versus secondary objectives and outcomes, as demon-1021 strated in the comparison in Section 7.1. The roles in the collaboration 1022 between researchers and practitioners are also different. 1023

We observe that AR and TTRM primarily focus on change, while DSM primarily aims for more generalized design knowledge. Consequently, AR and TTRM implicitly address one case at a time – although examples of AR studies with two companies exist [79, 80] – while DSM involves multiple cases for generalization. Furthermore, AR stresses the highly integrated action team of researchers and practitioners, while in TTRM, they jointly derive knowledge for practitioners to use in their improvement actions. DSM separates the roles even more in its aim for generalized design knowledge, although it is derived and validated in specific collaboration settings.

In an attempt to combine the aims on equal terms, Wieringa's technical action research [66] includes one engineering cycle and one knowledge cycle, corresponding to AR and DSM, respectively. Similarly, Garousi et al.[87] conducted what they label an AR project, "[u]sing the systematic guidelines for technology transfer provided by Gorschek et al." However, these hybrid approaches risk blurring the primary goal and contribution.

To properly guide the research conduct in industry-academia collaboration and to communicate the outcomes to researchers and practitioners, we, therefore, advice researchers to select research methodology according to their *main goal* of the research. It also helps peer reviewers to assess the contribution properly.

We hope that our guidance, based on an in-depth analysis of the methodologies, will add clarity. Maybe it can encourage some researchers to leave the comfort zone of their favorite methodology, and adopt something new, that better fits the main goal of their research?

1048 8. Conclusion

The selection of appropriate research methodologies in solution-oriented 1049 software engineering research in close collaboration between industry and 1050 academia is essential. The selection of a research methodology should help 1051 ensuring successful collaborative research between industry and academia. It 1052 is vital both for the research conduct and the communication of its results. 1053 As software engineering is inter-disciplinary, methodological influences come 1054 from different disciplines, and may be used and referred to in different ways. 1055 We selected three methodologies to bring clarity about research method-1056 ologies and provide guidance for their selection in industry–academia collab-1057 oration. They are used in software engineering and cover various character-1058 istics, namely DSM, AR and TTRM, and they were analyzed theoretically, 1059 using thematic synthesis. 1060

¹⁰⁶¹ The research methodologies can all be characterized (RQ1) as cyclic re-¹⁰⁶² search processes, aligning to the general research cycle of *describe—solve—* ¹⁰⁶³ *practice*.

The second research question (RQ2) encompasses both similarities and 1064 differences. Concerning similarities, the methodologies are similar in address-1065 ing generalized learning or theorizing in the collaboration between researchers 1066 and practitioners, although in different forms, using different terminology. 1067 All methodologies have been used in software engineering research. It is also 1068 worth noting that the same methods for data collection (for example, surveys 1069 and observations) and analysis (statistical modeling and thematic analysis) 1070 may be used in all of the methodologies. 1071

When it comes to differences, the three methodologies differ in their primary objective: DSM on acquiring design knowledge through the design of artifacts, AR on change in socio-technical systems, and TTRM on the transfer of research to industry. The primary objective of one methodology may be a secondary objective in another. Thus, the differences between them are more in their focus than in which activities they include.

In our analysis and comparison of their feasibility for industry-academia 1078 collaboration in software engineering research, the selection depends on the 1079 primary objective and scope of the research (RQ3). We, therefore, advice 1080 researchers to consider the objectives of their software engineering research 1081 endeavor and select an appropriate methodological frame accordingly. Fur-1082 thermore, we recommend studying different sources of information concern-1083 ing, in particular, the chosen research methodology to better understand the 1084 methodology before using it when conducting industry-academia collabora-1085 tive research. 1086

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¹⁰⁹² Appendix A. Supplementary data

¹⁰⁹³ A link to supplementary material, related to the Design Research Method-¹⁰⁹⁴ ology, can be found in this section in the online version of the article at: Link

1095 to be provided by Elsevier

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¹³⁸² Appendix A: DRM - Design Research Methodology

This appendix provides an overview and discussion of the Design Research Methodology (DRM). Furthermore, DRM is compared with the three research methodologies presented in the main article, i.e. Design Science Methodology (DSM), Action Research (AR) and the Technology Transfer Research Methodology (TTRM).

DRM is provided as an add-on here based on that we view software engi-1388 neering as an engineering discipline. Thus, we looked at research methodolo-1389 gies in other engineering disciplines. The research methodology that stood 1390 out when looking at the literature and discussing research methodologies 1391 with engineering colleagues was the Design Research Methodology (DRM). 1392 Hence, it was included among the methodologies analyzed and compared. 1393 However, due to space constraints and the limited use of DRM in software 1394 engineering, we provide it as complementary material. 1395

1396 A1. Overview of Design Research Methodology

Blessing and Chakrabarti present the Design Research Methodology (DRM) 1397 for research on various kinds of design of products [1]. The design research 1398 methodology is design-oriented but is grounded in engineering and particu-1399 lar product design, development and innovation. Blessing and Chakrabarti 1400 point to three issues in design research: "i) a lack of overview of existing 1401 research, ii) a lack of use of the research in practice, and iii) a lack of scien-1402 tific rigor." According to Blessing and Chakrabarti [1], the main objective 1403 of DRM is to address the lack of scientific rigor. They believe that address-1404 ing the issue concerning scientific rigor will also contribute to addressing the 1405 two other issues. The book by Blessing and Chakrabarti [1] is classified as 1406 a book in mechanical engineering by the publisher. Design of products is 1407 defined as "those activities that actually generate and develop a product 1408 from a need, product idea or technology to the full documentation needed to 1409 realize the product and to fulfill the perceived needs of the user and other 1410 stakeholders." [1]. Three questions define the overall aims: 1411

- What do we mean by a successful product?
- How is a successful (or unsuccessful) product created?
- How do we improve the chances of being successful?



Figure 8: DRM adapted from the book by Blessing and Chakrabarti [1].

The design research methodology is iterative over four stages 1) Research Clarification for the setting goals, 2) Descriptive Study I to increase the understanding of the research challenge, 3) Prescriptive Study for supporting the product design, and 4) Descriptive Study II for evaluation of the outcome. The stages with the basic means to obtain the outcomes in each stage and the primary outcomes are illustrated in Figure 8.

Furthermore, three types of studies are defined: review-based, comprehen-1421 sive and *initial*. The review-based study focuses on conducting a literature 1422 review. The comprehensive study includes both a literature review and a 1423 study where the researchers produce results, for example, an empirical study. 1424 From a usage point of view, the initial study closes a research project and 1425 is focused on illustrating the consequences of the findings and preparing the 1426 findings for use by others. Thus, the word "initial" refers to the initial appli-1427 cation of the solution and not the initial research. The research clarification 1428 stage is typically conducted as a review-based study. The other stages could 1429 be of different types. Overall, Blessing and Chakrabarti [1] describe seven 1430 types of design of research projects where the four stages are conducted in 1431

different ways using the three types of studies. The seven types of design arelisted in Table 2.

Research	Descriptive	Prescriptive	Descriptive	
clarification	study I	study	study II	
1. Review-based	Comprehensive			
2. Review-based	Comprehensive	Initial		
3. Review-based	Review-based	Comprehensive	Initial	
4. Review-based	Review-based	Review-based	Comprehensive	
		Initial/		
		Comprehensive		
5. Review-based	Comprehensive	Comprehensive	Initial	
6. Review-based	Review-based	Comprehensive	Comprehensive	
7. Review-based	Comprehensive	Comprehensive	Comprehensive	

Table 2: The seven design types in DRM

¹⁴³⁴ The rows in Table 2 should be interpreted as follows:

- Design types 1-3 and 5 are conducted from left to right without iterations.
- Design type 4 includes an iteration from the Comprehensive study conducted in the Descriptive study II activity to the Descriptive study when either an Initial or Comprehensive study is undertaken. It is then followed by revisiting the Descriptive study II stage.
- Design types 6 and 7 includes more iterations. From the Comprehensive study in the Descriptive study II stage, we may go back to either Descriptive study I or the Prescriptive study stage and then continue with the following stages and iterate until no further improvements of the solution are envisioned.

DRM includes many alternatives with its four stages and three study types, particularly when including the possibility of iterations. Motivations for the seven design types and further information about the use of DRM are provided in Blessing and Chakrabarti [1].

Blessing and Chakrabarti [1] describe how the first four design types of research projects in Figure 8 are particularly suitable for PhD projects. Based on their experience, types 2 and 3 are the most common. Design types 5 and 6 include two comprehensive studies, and based on their experience, it is most often a too large undertaking for a PhD project. Even if the aim is types 5 and 6, they mostly end up being of type 2 or type 3. Type 7 includes three comprehensive studies, which may be more suitable for a research teamthan for an individual researcher or when the scope is very specific.

¹⁴⁵⁸ Furthermore, Blessing and Chakrabarti [1] also introduce two types of ¹⁴⁵⁹ models: the *reference model* and the *impact model*. The reference model is ¹⁴⁶⁰ intended to represent the current state, i.e. before conducting the research, ¹⁴⁶¹ while the impact model illustrates the desired state after the research. Both ¹⁴⁶² models are revised as the understanding of the research context increases and ¹⁴⁶³ the solution is evolving.

In summary, the design research methodology involves a combination of stages, different types of studies, including combining them in different ways, and models to capture the state of the situation both before and after the research.

1468 A2. DRM for industry-academia collaboration in software engineering

The Design Research Methodology is a methodology for a research project 1469 rather than a methodology for a research study. Blessing and Chakrabarti [1] 1470 discuss, for example, the use of the research methodology for a PhD student 1471 and hence outlining the research work during the PhD studies. Blessing 1472 and Chakrabarti [1] highlight the lack of use of research in practice (see 1473 Section A.1). Thus, their standpoint is that DRM is well suited to be used 1474 in industry-academia collaborative research. DRM is easily mapped to the 1475 general research cycle for engineering in Figure 2. Hence, it is straightforward 1476 to map it to the describe-solve-practice activities used in the main article. 1477 DRM starts with setting the goals and creating an understanding of the 1478 problem at hand, as shown in Figure 8, which is well-aligned with describing 1479 the current situation. It is followed by a prescriptive study (support), which 1480 concerns the development of a solution, which relates to solve. Finally, the 1481 solution is evaluated, which maps directly to the general problem-solving 1482 cycle. 1483

Blessing and Chakrabarti [1] compare DRM with a DRM predecessor by Duffy and Andreasen [2] and to the soft systems methodology introduced by Checkland [3]. The latter is described as action research by Blessing and Chakrabarti. The main difference, according to them, is the focus of action research in being on-site evaluation, which results in more local solutions vs providing more general solutions using DRM.

¹⁴⁹⁰ From a software engineering perspective, DRM may be applied as de-¹⁴⁹¹ scribed by Blessing and Chakrabarti [1]. However, it does require that solu-¹⁴⁹² tions, to a large extent, can be evaluated in the research environment. The main reason being that the objective is to provide more general solutions, as highlighted by Blessing and Chakrabarti [1] when comparing to the soft systems methodology [3].

In many cases, this may be challenging in software engineering, where 1496 improvements often relate to the software development process. Given that 1497 DRM primarily was developed for product design, there is a need to consider 1498 how it is best applied in software engineering, particularly in research con-1499 ducted in close collaboration between industry and academia. In a software 1500 engineering context, new research solutions will inevitably interact with other 1501 parts of the processes, methods and tools used in practice. Consequently, the 1502 effect of new research solutions most often need to be evaluated in a broader 1503 and more realistic context than what can be done in the research environment 1504 as such. 1505

The application of DRM in software engineering is limited so far. A search on Google Scholar resulted in identifying only one paper. It was a paper by Eklund and Bosch on open software ecosystems for embedded systems [4]. Each of the four stages in DRM is addressed in separate sections in the paper by Eklund and Bosch [1].

In addition to being used on its own in software engineering, DRM may potentially be combined with other research methodologies for research studies. This is further elaborated in Section 7 in the main article, where the different research methodologies are compared, and possibilities for combing research methodologies are discussed.

¹⁵¹⁶ A3. Comparison of Design Research Methodology

This section is best read together with Section 7 on comparing the research methodologies in the main article.

¹⁵¹⁹ The primary objective of DRM is as follows:

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• Design Research Methodology

The design research methodology emerged from a need to make engineering research more scientific. It is product-oriented, which may be interpreted as having the design of artifacts as its primary objective. The methodology is focused on general solutions developed by conducting several studies with different objectives.

DRM is suitable if the primary objective is a general solution to a research problem, although being identified in a collaborative effort between industry

	DSM	AR	TTM/TTRM	DRM
Origin	Multiple (via IS)	Social science (via	Software	Mechanical
		IS)	engineering	engineering
Main	Design languaged as	Chamma	Knowledge transfer	Engineering
outcome	Design knowledge	Change		knowledge
Roles	Knowledge vs.	Integrated action	Knowledge vs.	Knowledge vs.
	change	team	change	change
Driver of literature search	Problem and solution	Diagnosing	State-of-the-art study	Separate or part of problem/solution depending on design type
Learning	Problem and solution theory	Theory as secondary output	Lessons learned	Lessons learned

Table 3: Summary of the comparison between the four research methodologies.

and academia. DRM is particularly suitable if the research contains a series of
studies leading to the general research outcome. In this situation, the design
research methodology may be a good starting point. The main outcome may
be product design knowledge or extended to other types of design.

Table 3 is copied from the main article to simplify the understanding of DRM in relation to Design Science Methodologies, Action Research and the Technology Transfer Research Methodology.

¹⁵³⁵ Concerning the table, the following specific comments concerning DRM ¹⁵³⁶ are provided.

- Origin DRM is an engineering methodology for research on design of products, primarily in mechanical engineering [1]. While the principles may apply to any kind of engineering, the mechanical context colors the methodology.
- Main outcome DSM and DRM both produce design knowledge, i.e. how to design artifacts and products, respectively.
- Roles DRM address the collaboration between research and practice, as it aims to produce. As AR and TTM/TTRM, DRM makes a separation in that a joint team, mostly led by researchers, derive the knowledge, while the practitioners have the ultimate responsibility for the change, based on the derived knowledge.
- Driver of literature search Similarly to DSM, DRM, which comes in different configurations (i.e. design types which are described in Table 2) opens for "review-based" studies, either as a separate study to clarify the research needs or as a part of a comprehensive study.

Learning – DRM explicitly proposes three different publication units:
1) problem identification for practitioners, 2) lab experiments, and 3)
case studies for academics. As for TTM/TTRM, DRM is directed towards supporting engineering, lessons learned are documented, although it is not prescribed to be expressed in terms of theory.

Finally, it is worth noting that DRM is a framework for a research project, and thus activities are defined at a level where a research study is an activity.

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